

Canada

DO YOUR RESEARCH



Woof! I am Gandy the dog. Did you know more than two million Canadians have served in our military? That is a lot of people! Serving in uniform can be very tough. Military members accept they may have to risk their lives to protect and help others. Whether on land, at sea or in the air, no role in the military is easy.

Today, I am researching online. I want to learn about a person who died while serving in the Canadian military. I am going to choose a name from the war memorial in my town. I will visit interesting websites like the Canadian Virtual War Memorial to learn more about them.

The person I am researching died in another country and is buried far from home. When military members die in service, they don't get to become Veterans. The person I am learning about never had the chance to grow old. I will remember them to honour their service and sacrifice.



A student visiting the grave of Private Bukan Singh.

Photo courtesy of Sandeep Singh Brar

BE A GOOD NEIGHBOUR!



Hi, I'm Win the bear. One of the great things about living in a community is that people can help each other. Neighbours give one another a hand in times of need. But Canadian Armed Forces members can help in even bigger ways when serious problems happen.

Bears are pretty strong. What I can do is small compared to what Canadian Armed Forces members can do together. Our military has helped out here at home after wildfires, floods and major storms. They have also come to the rescue when planes crash or ships run into trouble at sea.

They don't just help neighbours here in Canada, either. They also aid other countries, too. Our Veterans have gone to the United States and the Caribbean to help after hurricanes. They have gone to Nepal and Haiti after earthquakes. And they have protected peace in Rwanda and Cyprus. Can you find all these places on a map? No matter where they were needed, our service members often have been there to do their part!

I know a good way to recognize how Canadian Veterans have supported others! It is to try to be like them in our own small way. There are people who need help in my community. That's why the Remembrance Club is doing a food drive. Every little bit helps when we work together! How will you be a good neighbour?



Medical personnel helping the injured after an earthquake in Nepal in 2015.



Bonus! Watch our cool video about being a good neighbour. It stars Squeaker the pigeon and Gandy the dog! They talk about how Canadian Armed Forces members have helped others.



SUPPORT MILITARY FAMILIES



It's me, Ellie the elephant! Being in the military can be hard. People who serve in the Canadian Armed Forces give so much when they are doing their jobs. But members of their families also make sacrifices. Imagine if your mother, father, big brother or big sister were in the military. What if they had to travel far away from home to help others?

You would miss them so much. You would worry if they were safe. Lots of military members also have to move around the country every few years. Their families usually come along. Moving so often can be very difficult.

There could be kids in your school who have family members in uniform. Maybe you are one of them! Let's keep military families in mind this Veterans' Week. It is important for us to recognize Veterans who have served. It's also important to remember that their families make sacrifices for peace, too.

I am going to pick some dandelions to help us honour them. Dandelions are a great symbol for military families. They are pretty but they are also tough. They can grow almost anywhere. Just like dandelions, military families put down roots wherever they are planted. You can support Veterans and their families by being a good friend.



Canadian Armed Forces members with their families.

REMEMBRANCE MATH

Solve the equations below to find the number each remembrance symbol represents.

	Poppy Number: _____		Izzy doll Number: _____
	Wreath Number: _____		Medal Number: _____
	Peace dove Number: _____		Memorial Number: _____

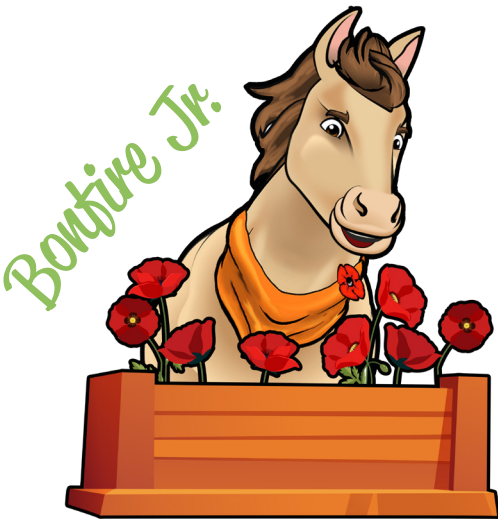
Addition and subtraction

+ = 2	+ =
- = 2	- = 6
+ = 8	+ =

Multiplication and division

x = _____	÷ = _____
x = _____	x = _____
x = _____	x x = _____

GROW REMEMBRANCE



Hello, I am Bonfire Jr. the horse. There are many ways we can show we recognize and remember Canadian Veterans. But I think the most colourful way is with plants and flowers!

The best-known remembrance flower is the **poppy**!

Every November, we read these words at remembrance ceremonies across Canada:

**In Flanders fields the poppies blow
Between the crosses, row on row**

This is from a famous poem called *In Flanders Fields*. It was written by Lieutenant-Colonel John McCrae in 1915. That was during the First World War. John was a Canadian military doctor. He saw red poppies growing on the battlefields and in war cemeteries. His powerful poem soon became known around the world. That is why millions of people wear poppies every November. They are still an important symbol of remembrance 110 years later.

This year, I am planting poppy seeds in front of the remembrance clubhouse. Let's make remembrance grow!



Forget-me-not

These little blue flowers are a symbol of remembrance in Newfoundland and Labrador.



Maple leaf

The maple leaf is a symbol of our country, Canada.



Tulip

Tulips come in many colours. They are a symbol of the friendship between Canada and the Netherlands.

DID YOU KNOW?

Tulips are a special **symbol** of remembrance for the people of Canada and the Netherlands. These countries became special friends during the Second World War. The war was a very hard time for people living in the Netherlands. Our soldiers went to help. Sadly, more than 7,600 Canadians died in the fighting there. The Dutch people have never forgotten. Every year, the Netherlands sends thousands of tulip bulbs to Canada. What a colourful gift of thanks! The tulips bloom every spring in our capital city of Ottawa.



Happy Dutch people giving flowers to a soldier.

CRACK THE NAVAL CODE

Navies around the world use signal flags to communicate. Each flag can represent a letter of the alphabet. Being clearly understood is very important in the military! Try to decode what the flags are saying.



A	B	C	D	E	F	G	H	I	J	K	L	M
N	O	P	Q	R	S	T	U	V	W	X	Y	Z

Write the letter of each flag in the box to see where Canadians in uniform have served over the years:

Draw the signal flags needed to spell **CANADA**

C	A	N	A	D	A

MAKE A PEACE TREE

Hello everyone, I am Squeaker the pigeon. As a bird, I can travel great distances. I have seen many parts of the world—but flying in countries affected by war can be bumpy. That is why I try to be peaceful wherever I go!

Canadian Veterans have done a lot of work to build and protect peace. They left their safe homes to go far away where conflict was hurting people. Places like Central America and Haiti, for example. When they were on peace missions like these, they often wore blue hats and helmets. This identified them as peacekeepers.

I may only be a small pigeon, but I have big dreams! I know if I try hard, I can achieve a lot.

Today, I am making a peace tree with my friends. We are cutting out and colouring peace doves and poppies. We are also folding peace cranes. We will write the names of Veterans we are remembering on **maple leaf cards**. Or, we could write our own names as a promise to always remember. We will put these symbols of **peace** and remembrance on our tree. Will your class be makers of peace, too?



A Canadian pilot during a UN peacekeeping mission in Honduras in 1990.



SHOW RESPECT AT A MONUMENT

I am Pax the sheep. Baaa!
I am doing something special today.
I am making a wreath with my hoofprints.

My wreath shows that I remember our Veterans.

It is easy to make a wreath.
Do you want to try?

Trace your handprint on paper.
Ask your friends to trace theirs, too!
Cut out the handprints.
Glue them together in a circle.
Decorate your wreath with red poppies.

Making a remembrance wreath shows that we remember and recognize Veterans. November 11 is a special time called Remembrance Day. We can place our wreaths at a war memorial.



Photo: Debbie Jiang

Wreaths at a war memorial in British Columbia.

WHAT'S IN A WORD?

Below is a list of words found in this year's newspaper. Write the word that fits each clue in the blanks. Then, unscramble the letters in the shaded boxes to complete the sentence at the bottom.

CEMETERIES **CEREMONY** **MESSAGE**
MEMORIAL **VETERAN** **TULIPS**

- A person who served in the military to protect us and our country.
[] [] [] [] [] [] []
- Simone is writing this to thank a Veteran.
[] [] [] [] [] [] []
- An event that happens on Remembrance Day.
[] [] [] [] [] [] [] []
- Flowers of friendship between the Netherlands and Canada.
[] [] [] [] [] [] []
- Red poppies grew near battlefields and these places during the First World War.
[] [] [] [] [] [] [] [] [] []
- Special place to visit that honours those who served.
[] [] [] [] [] [] [] [] []

Wearing a poppy is a way to show you _____ Veterans.

TRUE OR FALSE

How closely did you read the stories in this newspaper? Are the sentences below True or False? If you are right, the letters you circled in the True column will answer the question below.

	True	False
1. Gandy is doing research on the Canadian Virtual War Memorial.	N	M
2. Gandy said that 5,000 Canadians have served in our military.	W	P
3. Win says our military helps in Canada after wildfires and floods.	E	I
4. Win and the Remembrance Club will do a food drive.	T	S
5. Ellie says some military families move around the country a lot.	H	G
6. Ellie will pick dandelions to help recognize military families.	E	O
7. Bonfire Jr. says the poppy is the best-known remembrance flower.	R	A
8. Bonfire Jr. will plant a maple tree at the remembrance clubhouse.	V	C
9. Squeaker said that Canadian Veterans helped people in Haiti.	L	V
10. Squeaker is making a peace tree.	A	U
11. Pax is making a wreath.	N	J
12. Pax said to glue the handprints in the shape of a square.	B	F
13. Simone wants to say thank you to Veterans.	D	C
14. Simone is writing a message on a card.	S	T

What country has given Canada tulip bulbs every year since the end of the Second World War?

Answer: _____



SAY THANK YOU



Kind actions warm people's hearts.

Hello friends, I am Simone the cat.

When I was a little kitten, there was a big flood in my town. Many roads were covered with water. Some people could not leave their houses. We were in trouble!

Canadian Armed Forces members came to help. They worked to hold back the rising waters. I heard that soldiers and firefighters rescued people and pets like me.

Kind words warm people's hearts.

I want to say thank you to the **Veterans** who helped my community when we needed it the most.

I am writing a simple message on a card. I can't wait to give it to a Veteran! They have done so much to help Canadians over the years. What would you thank Veterans for doing?



Royal Canadian Air Force helicopter evacuating people during a flood in Alberta in 2013.